

Weight and Age Divisions according to the WMAC Rulesbook

Lightcontact (LC), Kick Light (KL), MMA Light (Grappling Strike), Grappling, Fullcontact (FC), K1
all ringsports divisions: minimum age 16 years!

Cadets U18		Adults +18		Veterans +35 & Masters +45	
Female	Male	Female	Male	Female	Male
-40 kg	-40 kg	-50 kg	-60 kg	-55 kg	-75 kg
-45 kg	-45 kg	-55 kg	-65 kg	-60 kg	-80 kg
-50 kg	-50 kg	-60 kg	-70 kg	-65 kg	-85 kg
-55 kg	-55 kg	-65 kg	-75 kg	+65 kg	+85 kg
-60 kg	-60 kg	+65 kg	-80 kg		
+60 kg	- 65 kg		-85 kg		
	-70 kg		-90 kg		
	+70 kg		+90 kg		

Runden-Zeiten:

Kategorie	U18		+18		+35		+45	
	Elim.	Final	Elim.	Final	Elim.	Final	Elim.	Final
LC	1 x 2	2 x 2	1 x 2	2 x 2	1 x 2	1 x 2	1 x 2	1 x 2
KL	1 x 2	2 x 2	1 x 2	2 x 2	1 x 2	1 x 2	1 x 2	1 x 2
FC	2 x 2	2 x 2	2 x 2	3 x 2				
K1	2 x 2	2 x 2	2 x 2	3 x 2				
OB	2 x 2	2 x 2	2 x 2	2 x 2				
MMA	1 x 2	1 x 2	1 x 2	1 x 3				
Grappling no Gi	1 x 2	1 x 2	1 x 2	1 x 3				